



The  
Rising  
Sun

Menu

## While you wait

**Soup of the Day** GF £4.75  
Fresh homemade soup served with croutons and a warm bread roll.

**Crispy Garlic Mushrooms** ⑤ £4.75  
Deep fried garlic mushrooms with salad garnish and a sour cream and chive dip.

**Falafel** GF ② £4.50  
Balls of falafel drizzled with a lemon and pepper dressing, accompanied by a mixed bean salad.

**Spicy Chicken Wings** GF £4.75  
Jalapeno and lime flavoured marinated chicken, served with fresh lime and salad garnish.

**Traditional Prawn Cocktail** GF £6.75  
Lashings of prawns with chef's own paprika dressing and garnished.

**Halloumi Fries** GF ⑤ £4.00  
Grilled halloumi with homemade smoked chilli jam.

**Whitebait** £4.50  
Deep fried served with dill and a fresh lemon mayo dipping sauce.

**Southern Fried Chicken Goujons** £4.50  
Served with salad and BBQ sauce.

## Grills

All grills served with chips or sauté potatoes. Add £1.50 to upgrade to sweet potato fries.

**Soz Gammon Steak** GF £11.95  
Peas and salad, as well as the choice of fresh, grilled pineapple or a free-range egg.

**Soz Sirloin Steak** GF £16.90  
Grilled to your liking, dressed with herb butter and served with a baked tomato, poached mushrooms and peas.  
Add chef's peppercorn or creamy stilton sauce for an additional £2.50. GF

**BBQ Chicken** GF £12.25  
Chargrilled chicken breast smothered in Louisiana BBQ sauce. Served with a BLT salad.

## Pub Classics

**Homemade Cottage Pie** £10.50  
Steak mince in gravy topped with crispy cheese mashed potato. Served with fresh seasonal vegetables.

**Ham, Egg and Chips** GF £9.50  
Homecooked gammon ham with two free-range eggs, chips plus apple and cider chutney.

**Fish and Chips** £11.95  
Hand battered cod, chips, peas, fresh salad and tartar sauce.

**Homemade Beef Lasagne** £10.95  
Steak mince and red wine lasagne served with chips, garlic bread and salad.

**Homemade Vegetable Lasagne** GF ⑤ £10.95  
Mixed vegetable and red wine lasagne served with chips, garlic bread and salad. Gluten free garlic bread available upon request.

**Steak and Jail Ale Pie** £12.50  
Homemade steak and ale pie, chips or mashed potato and fresh seasonal vegetables.

**Lamb Shank** £13.95  
Tender lamb shank slowly roasted in mint and onion gravy, served with mashed potato and fresh seasonal vegetables.

**Scampi** £11.50  
Traditional scampi and chips with peas, salad and tartar sauce.

## Burgers

All meat burgers are served with chips, coleslaw and fresh salad. Add £1.50 to upgrade to sweet potato fries. All meat burgers are gluten free with gluten free buns available upon request.

**The Classic** £11.95  
6oz butcher's beef burger topped with Monterey jack cheese, tomato, lettuce and tomato sauce.

**The Cowboy** £13.95  
6oz butcher's beef burger topped with smoked streaky bacon, Monterey jack cheese, onion rings and BBQ sauce.

## Burgers

**The Ultimate** £13.50  
6oz butcher's beef burger topped with pulled pork, red onions and BBQ sauce.

**The Fully Loaded** £13.50  
Smoked chipotle chicken breast topped with smoked streaky bacon, Monterey jack cheese, lettuce, tomato and mayonnaise.

**The Greek** £14.50  
6oz butcher's lamb burger topped with tzatziki, red onion, tomato, lettuce and crumbled feta.

**The Veggie** ② £11.95  
A Moving Mountains plant-based burger with tomato, lettuce, red onion and burger relish. Served with chips and salad.

## Why not try...

**Trio of Sausages** £10.50  
A combination of butchers' handmade Pork and Apple, Lincolnshire and Cumberland sausage, accompanied by mash potato, onion gravy and fresh seasonal vegetables.

**Devil Cod** GF £12.50  
Generous fillet of cod, lashed with chef's own sweet curry and chutney sauce served with sauté potatoes and fresh seasonal vegetables.

**Blazing Saddle** GF £13.95  
Grilled gammon steak loaded with homemade chilli and cheddar cheese with chips and salad.

**Crispy Duck** GF £14.50  
Half a roasted duck with homemade orange sauce laced with Cointreau. Served with sauté potatoes and fresh seasonal vegetables.

**Thai Chicken Penang Curry** GF £11.95  
Made with coconut milk, lemon grass and mixed vegetables. Served with long grain and wild rice.

**Thai Penang Curry** GF ② £9.95  
Made with coconut milk, lemon grass and mixed vegetables. Served with long grain and wild rice.

## It's a wrap!

Or try one of our triple sandwiches. All served with salad plus the option to add chips for £2.00.

**Wraps** £6.25  
Gluten free wraps available upon request.

**Triple Sandwiches** £6.50

### Fillings:

Tuna and Sweetcorn GF  
Egg Mayonnaise GF ⑤  
Red Leicester, Cheddar and Red Onion GF ⑤  
Cajun Chicken  
Home Cooked Gammon Ham and Tomato GF  
Mediterranean Vegetables and Houmous GF ②

**Wedgie Bowl** £8.95



Homemade potato wedges topped with one of the following:

Chilli and Cheese GF  
Pulled Pork GF  
Pepperoni, Chorizo and Mozzarella GF  
BBQ Jackfruit ②

## Extras

Chips GF ② £2.50  
Cheesy Chips GF ⑤ £2.95  
Sweet Potato Fries GF ② £3.50  
Garlic Bread ⑤ GF option available. £3.25  
Onion Rings ⑤ £3.25  
Homemade Coleslaw GF ⑤ £2.95  
Mixed Salad GF ② £2.95  
Fresh Seasonal Vegetables GF ② £3.25

GF = Gluten Free ⑤ = Vegetarian ② = Vegan  
If you have any allergies or intolerances please speak to a member of staff.

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therisingsunwoodland



## Under 10's Meal Deal

All children's meal deals include a main meal, drink and dessert for £5.50.  
Main meal sold separately for £4.25.

### Main Meals

Cheesy Tomato Pasta with vegetables ☺  
Pork Chipolatas, Mashed Potato, Mixed Vegetables, Yorkshire Pudding and Gravy  
**(For the options below, choose chips or mash, and baked beans or peas)**  
Cheeseburger GF bun available  
Chicken Nuggets  
Fish Goujons

### Drinks

Pepsi, Pepsi Max, Lemonade, Orange Juice, Orange Squash or Blackcurrant Squash

### Desserts

Raspberry Mousse, Chocolate Mousse or Vanilla ice cream with chocolate sauce GF ☺

## A Sweet Treat

All desserts £5.95. No room for a dessert today? Ask about taking it away!

### Apple Cake GF ☺

Served with cream, ice cream or custard.

### Strawberry and Almond Roulade ☺

### Sticky Toffee Pudding ☺

Served with cream or ice cream.

### Lemon and Mascarpone Cheesecake ☺

### Chocolate Fudge Cake ☺

Served with cream or ice cream.

### Vegan Chocolate Slice 🌱

Served with ice cream or sorbet.

## Ice cream and Sorbet