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| DRINK EAT | RELAX |
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| EAFOOD DISHES | PITVAS |
| SEAFOOD LINGUINE <br> COD, SALMON AND PRAWN IN A CREAMY GARLIC AND WHITE WINE SAUCE | MARGHERITA <br> FRESH BASIL LEAVES -JUST ASK IF YOU WOULD LIKE FRESH TOMATOES |
| GIANT MIXED SEAFOOD FISHCAKE £15 SERVED WITH COLESLAW, FRIES AND SALAD. | ```PEPPERONI £12 JUST THAT, AND LOTS OF IT!``` |
| GRILLED SALMON FILLET £13 | INDIA MEETS ITALY £14 |
| SERVED WITH GARLIC BUTTER NEW POTATOES AND GREEN VEGETABLES | TANDOORICHICKEN, RED ONION AND MINT YOGHURT |
| BATTERED COD AND CHIPS <br> SERVED WITH TARTARE SAUCE AND MUSHY/GARDEN | THE HERBIVORE <br> PEPPERS, ONIONS, MUSHROOMS AND TOMATOES |
| PEAS | THEGOAT <br> GOATS CHEESE, RED ONION, CARAMELISED ONIONS |
| CHILDRENS MENU | AND SPINACH, DRIZZLED WITH BALSAMIC GLAZE <br> THECARNIVORE <br> CHICKEN, PEPPERONI HAM AND GROUND BEEF |
| COD BITES AND CHIPS <br> WITH A CHOICE OF BEANS OR PEAS | THIS AIN'T TEXAS... WOOO! £14 BBQ BASE, CHICKEN, SWEETCORN, RED ONION |
| CHICKEN PARMO AND CHIPS | SMELLS HORRIFIC, TASTES TERRIFIC £14 MUSHROOMS, RED ONION, SPINACH, STILTON AND |
| SAUSAGEAND MASH $\begin{aligned} & \text { E6.50 } \\ & \text { SERVED WITH GRAVY AND A CHOICE OF BEANS OR PEAS }\end{aligned}$ | WALNUTS |
| CHICKEN GOUJONS <br> SERVED WITH CHIPS AND A CHOICE OF BEANS OR PEAS | THE 3 P'S <br> KING PRAWNS, ROASTED RED PEPPER AND PESTO |
| TOMATO PENNE PASTA $\mathbf{£ 5 . 5 0}$ | PARMA PARMA PARMA PARMELEON £14 PARMA HAM, MUSHROOM AND ROCKET |
| MILA MARGHERITA £6.50 | THAT IS NA-CHO PIZZA. <br> FAJITA CHICKEN, RED ONION, SALSA, GUACAMOLE, SOUR CREAM |
| SALAD $\quad \pm 6.95$ | IB-IZZA (SPAIN AND THE SEA, HA!) £15 GARLIC PRAWNS, CHORIZO, RICOTTA AND FRESH |
| A SALAD BASE OF; | CORIANDER |
| LETTUCE LEAVES, CUCUMBER, RED | NOT QUITE HAWAIIAN <br> CARAMELISED PINEAPPLE, PANCETTA, PEPPERONI |
| ONION, TOMATOES, SPRING ONIONS, | AND PARMA HAM |
| SUGAR SNAPS AND CRISPY ONIONS. | ALOHA-M AND PINEAPPLE £14 you either love it, or you hate it! |
| CHICKEN £4 | TEAM GB £7 |
| PRAWNS £5 | GARLIC PIZZA BREAD |
| HALLOUMI £4 | ADD CHEESE ADD ATOMATO BASE S01 |
| SALMON £6 | ADD CARAMELISEDONIONS £1 |
| WALNUTS £1 |  |
| PUMPKIN SEEDS £1 |  |



## VEGETARIAN/VEGAN

SMALL 'CHICKEN' PARMO(V)<br>SERVED WIth SALAD AND GARLIC MAYO<br>REGULAR 'CHICKEN' PARMO(V)<br>£12.50<br>SERVED WITH SALAD AND GARLIC MAYO<br>LARGE 'CHICKEN' PARMO(V)<br>£16.50<br>SERVED WITH SALAD AND GARLIC MAYO<br>HOT SHOT - VEGAN PEPPERONI AND JALAPENOS £2 VEGAN PEPPERONI £1.50<br>ONION, PEPPERS, MUSHROOMS £1.5O<br>SAUTEED GARLICMUSHROOMS £1.50 BRIE £2.50

VEGGIECHILLI
(MINCE SUPPLEMENT)(V)
£12.95

SERVED WITH RICE, NACHOS AND SOUR CREAM

ROASTED VEGCALZONE (V/VE)
£12.95
SERVED WITH SALAD AND GARLIC MAYO
TACOS (V/VE)
£15
lettuce, pico de gallo, guacamole, SOUR CREAM
AND SALSA
QUESADILLA (V/VE)
peppers, onions, guacamole, sour CREAM AND SALSA
CHOOSE FROM; VEGGIE CHILLI, FAJITA 'CHICKEN', HALLOUMI OR FAJITA VEGETABLES

TANDOORI'CHICKEN’ £14 FLATBREAD(V/VE)

FRIED ONIONS AND PEPPERS, SERVED WITH SALAD
AND MINT YOGHURT
MUSHROOM ANDSPINACH £12 LINGUINE(V/VE)
IN A CREAMY, GARLIC AND WHITE WINE SAUCE.

SPICY BEAN BURGER (V/VE) £14 with lettuce, tomato, Gherkin, SALSA AND VEGAN GARLIC MAYO, SERVED WITH FRIES.

## GLUTEN FREE

FROM OUR MAIN MENU OPTIONS, YOU CAN HAVE THE BELOW.
WHERE NECESSARY, INGREDIENTS OR ITEMS WILL BE SUBSTITUTED WITH GLUTEN FREE ALTERNATIVES. PLEASE INFORM A MEMBER OF STAFF AS SOON AS POSSIBLE AND STATE WHEN ORDERING.

## SOUP OF THE DAY

PRAWN COCKTAIL
GOATS CHEESE
BRUSCHETTA
CHILLI, GARLIC
CALAMARI
TANDOORICHICKEN
SKEWERS
PARMOS,
PIZZAS,
TANDOORI FLATBREAD,
FISH AND CHIPS
SEAFOOD LINGUINE TACO'S
QUESADILLA'S
THAI GREEN CURRY
CHICKEN SUPREME
RUMP STEAK
BEEF BURGER
MUSHROOM AND
SPINACH LINGUINE
GRILLED SALMON

