

NIBBLES

Olives (v) 4

Chorizo 4.5

Rosemary madeleines, roast pepper hummus (v) 4.5

Crispy lamb shoulder, aubergine, ras-el-hanout 4.5

FLATBREADS

Garlic, mozzarella (v) 6.5

Spicy beef, mozzarella, caramelized onions 7

Grilled chicken, sweetcorn 7

Babaganoush, courgette, feta, cashew nut (v) 6.5

SEAFOOD

King prawn & chorizo paella 9

Tiger prawn & mussel popcorn taco, coriander mayonnaise 9

Salted cod scotch egg, fennel & kohlrabi remoulade, seaweed 8.5

Monkfish kebab, smoked pancetta, new potatoes 9.5

LA MARINA- SPRING MENU

01248 674971

MEAT DISHES

Roasted lamb rump, laverbread rosti, curried yogurt, mint pesto 11

Grilled duck breast, smoked duck ragu, shallot, raspberry granola 10

Marmite glazed beef brisket, beef fat mash, carrot, horseradish hollandaise

13

BBQ chicken breast, mojo verde, sweetcorn bhaji, toasted barley sauce 9

BELLY PORK

Soy, chilli, garlic 7.5

Teriyaki, pickled onions 7.5

Pineapple & Penderyn glaze 7.5

SALADS

Mixed leaf salad (v) 6

Lamb ham salad, anchovies & parsley dressing, pomegranate 7.5

Tomato & fennel, red quinoa, Galia melon (v) 7

POTATO DISHES

Garlic chips 4

Patatas Bravas, harissa aioli 4.5

Salt & pepper chips 4

Skinny fires, rarebit 4.5

VEGETARIAN

Halloumi, Thai sweet chilli 6.5

BBQ summer vegetables, oregano dressing, toasted almonds 6.5

Grilled polenta, quail egg, Caerphilly cheese, crème fraiche 7

Crispy Perl wen mac'n'cheese, black garlic emulsion 7

DESSERTS

Chocolate cobbler, vanilla anglaise 6.5

Banoffee empanada, coconut oat crumble 6.5

Baklava, mascarpone cream 6.5

Strawberry and basil 'sandwich' 6.5

LA MARINA- BWYDLEN GWANWYN

01248 674971

I DECHRAU

Olewydd (ll) 4

Chorizo 4.5

Madeleines rhosmari, hummus pupur
rhost (ll) 4.5

Ysgwydd cig oen, aubergine, ras el
hanout 4.5

BARA FFLAT

Garlleg, motsarela (ll) 6.5

Cig eidion sbeislyd, motsarela, nionyn
wedi'i garmleiddio 7

Cyw iar, corn melys 7

Babaganoush, courgette, caws feta,
cashew (ll) 6.5

BWYD MOR

Paella corgimwch & chroizo 9

Taco corgimwch mawr, popcorn cregyn
gleision, mayonnaise coriander 9

Wy scotch penfras hallt, remoulade
ffenigl & kohlrabi, gwynon 8.5

Cebab maelgi, pancetta mwg, tatws
newydd 9.5

PLATIAU CIG

Cig oen wedi'i rostio, rostio laverbread,
iogwrt cyri, pesto mint 11

Brest hwyaden, ragu hwyaden wedi
smocio, shallot 10

'Brisket' cig eidion wedi orchuddio a
marmite, tatws stwnsh braster cig
eidion, moron a hollandaise 13

Brest cyw iar, mojo verde, bahji corn,
saws haidd wedi'i dostio 9

PORC

Sol, tsili, garlleg 7.5

Teriyaki, onions wedi piclio 7.5

Pinafal & Penderyn 7.5

SALADS

Salad cymysg (ll) 6

Salad cig eidion, ansiofis & parslí,
grawnafal 7.5

Tomato & ffenigl, quinoa coch, melon
galia (ll) 7

TATWS

Sglodion garlleg 4

Patatas Bravas, harissa aioli 4.5

Sglodion halan & pupur 4

Sglodion, rarebit 4.5

LLYSIEUOL

Hallwmi, tsili melys Thai (ll) 6.5

Llysiau hafol BBQ, oregano, almonds
(ll) 6.5

Polenta wedi'i grilio, wy, caws caerffili,
crème fraîche (ll) 7

Mac'n'cheese perl wen, gyda emulsion
garlleg tywyll (ll) 7

PWDIN

'Cobbler' siocled, anglaise fanila 6.5

Empanada banoffi, crymbl cnau coco
6.5

Baclafa, hufen marscapone 6.5

'Brechdan' mefus a basil 6.5