



# HELBY ARMS

With effect 18 September 2010

Real Food - Real Ale - Real Pub

## Starters & Small Plates

- Home made soup of the day with warm bread £4.20
- Warm Bury black pudding with crispy smoked bacon and salad topped with a poached egg £4.95
- Home made chicken liver parfait, served with red onion marmalade and garlic croutons £5.30
- Grilled goats cheese log sat on a roasted pear salad with a walnut pesto £4.95
- Our own recipe hot and sticky ribs with a sweet mango salsa £4.75
- Smoked salmon triangles with seawater prawns bound together with lemon and dill mayonnaise £5.65

## Mains

*Please see the blackboard over the fire for today's specials*

- Brown cow steak burger made on the premises to our own recipe, using lean Aberdeen Angus steak mince, char-grilled and topped with bacon and local mature cheese served in a floured bun with hand cut chips and fresh coleslaw £9.95
- Cider braised belly pork carved onto Bury black pudding mash with glazed carrots and scrumpy applejack compote £13.95
- Honey glazed chicken breast with roasted vine ripened cherry tomatoes, sugar snaps and potato rosti finished with an orange and honey infusion £12.95
- Famous Helsby Arms steak, ale and mushroom pie with hand cut chips and mushy peas £9.90
- Roasted supreme salmon served with mixed green beans, crushed new potatoes and dill hollandaise £13.85
- Pan fried, line caught sea bass with roasted mini new potatoes, sautéed kale with fresh garlic and a balsamic spring onion dressing £13.25
- Roasted rump of lamb with home grown rosemary and garlic served with fondant potatoes and braised red cabbage finished with jus £13.95
- Sautéed king prawns in a sun blush tomato and chilli pesto with fresh linguini topped with wild rocket £14.95
- Deep fried North Sea cod in our own beer batter with hand cut chips, mushy peas and tartare sauce £10.95
- Caramelised onion and pumpkin tart with water cress salad and hand cut chips £9.95
- Sautéed fresh gnocchi and wild mushrooms bound together with rocket topped with grilled goat's cheese and finished with basil oil £9.95
- Smoked haddock with pea and pancetta mash and a crème fraîche chive butter sauce £11.95
- Pan seared venison, cream spinach and potato mash with a blueberry and shallot red wine sauce £15.45

## From the Grill

- Bob Jones 28 day matured Welsh beef served with hand cut chips and beer battered onion rings with a tomato and mushroom garnish:
  - 8oz Rump Steak £14.95
  - 8oz Sirloin Steak £15.95
  - 10oz Rib eye steak £16.95
- Add a fresh home made Peppercorn, Diane or Blue cheese sauce £1.65

## Side Orders

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|--|-----------------------------------|
| Bowl of twice cooked hand cut chips £2.60    | Steamed vegetable selection £2.30 |
| Creamy mashed potatoes £2.50                 | Buttered garden peas £1.85        |
| Buttered new potatoes £2.30                  | Dressed house salad £1.95         |
| Garlic baguette £2.30                        | Green beans £2.30                 |
| Garlic baguette with mozzarella cheese £2.80 | Cauliflower cheese £2.30          |
| Beer battered onion rings £2.60              | Rocket and parmesan salad £1.95   |

## Sunday Roasts

- Between 12 - 8 p.m. every Sunday, in addition to the menu above, we offer a choice of three roasts served with unlimited freshly steamed seasonal vegetables and roast potatoes
- Main Courses £9.20 (Children's Roast £3.40) - Two Courses £12.50 - Three Course £15.80 (excludes cheese board)

## *Sandwiches (sandwiches are available everyday 12 - 6 p.m. only)*

Freshly made to order & served on granary or white tin loaf with Kettle crisps & salad garnish or add hand cut chips £1.60

Mature farmhouse cheddar cheese with red onion £4.75

Hand carved honey glazed ham and Colman's mustard £4.85

Mozzarella, beef tomato and rocket salad with pesto £4.95

Dolphin friendly tuna, cucumber and Hellmann's mayo £4.95

Smoked salmon and seawater prawns with lemon mayo £5.95

Chicken and bacon with Hellmann's mayo £4.90

Freshly made to order and served hot on a baguette with Kettle crisps & salad garnish or add hand cut chips £1.60

Char grilled rump steak with caramelised onions £5.95

Tuna and spring onion melt £5.25

Chicken with sweet chilli £4.95

Brie, bacon and rocket with cranberry £4.90

## *Snacks & Nibbles*

Warm bread with balsamic and olive oil infused with wild garlic £2.50

Our own marinated olives with dipping bread £2.60

King prawn fritters with a balsamic dip £4.90

Our own sticky ribs with mango salsa £4.25

Hand cut chips and dips £2.75

Hand cut chips and chip shop curry £2.80

Hand cut chips with chip shop mushy peas £2.80

Deep fried mini battered fish and hand cut chips £4.95

Deep fried beer battered crispy beef strips with a sweet chilli dressing £4.90

Classic British mini steak pie and mini battered fish with hand cut chips £5.35

## *Desserts*

Home made cheesecake: ask for today's choice £4.85

Warm chocolate fudge cake with whipped Chantilly cream £4.65

Rhubarb and apple crumble with vanilla custard £4.50

Chocolate and coffee truffle pots with sugared strawberries £4.70

Warm French crepes with flambéed raspberries and raspberry ripple ice cream £4.45

Lemon tart with summer fruit compote and Cornish clotted cream £4.80

Sticky banana waffles with praline ice cream £4.70

Three scoops of Cheshire farm ice cream £3.95

Vanilla; Strawberry and cream; Chocolate or Honey comb. Add a hot topping - Chocolate; Fudge or Toffee 40p

Artisan cheese platter with biscuits, fruit cake and home made chutney £6.20 Add a glass of Vintage Port £1.95

Ask for today's cheeses supplied by The Cheese Shop, Northgate Street, Chester

## *Hot Drinks*

Pot of tea £1.75

Coffee £1.95

Espresso £1.80

Hot Chocolate £1.95

Cappuccino £2.30

Latte £2.35

Bailey's Latte £3.75

Liqueur Coffee £4.15

*Gratuities are made at your discretion and are fully distributed to all staff*

Our food is delivered and freshly prepared on the premises daily so, unfortunately, we sometimes sell out of dishes that prove popular.

Your selection from our menu is prepared and cooked to order. We don't serve fast food just fresh food as quickly as we can!

We cannot guarantee that our dishes do not contain traces of nuts or seeds. All weights are approximate (uncooked). Fish may contain bones. All prices are inclusive of VAT.

Please let us know if you have any special dietary requirements and we will be more than happy to help if we can.