

If you have an allergy or intolerance, please speak to a member of our team before you order your food and drinks. For full allergen and dietary information visit our website. Adults need around 2000 kcal a day.

# LUNCH DEAL

LIGHTER BITES FOR SMALLER APPETITES

AVAILABLE MONDAY – FRIDAY 12PM-4PM\*

CHOOSE A MAIN & ADD A STARTER AND / OR DESSERT FOR **£2.25\*** EACH

## STARTERS

### SOUP OF THE DAY (V)

Sprinkled with chopped chives and served with half a baguette and butter. Ask us for today's flavour. (367 kcal)  
Tomato, Leek & Potato, Pea & Mint.  
(VE) Vegan option available. (286 kcal)

### BREADED MUSHROOMS (V)\*

Breaded mushrooms with a garlic mayonnaise, sprinkled with chopped chives. (549 kcal)

## PUDDINGS

### CHOCOLATE FUDGE CAKE (V)

Goosey and chocolatey. Served warm or cold with vanilla flavour ice cream. (692 kcal)

### JAM SPONGE PUDDING (V)

An individual vanilla sponge pudding, smothered in strawberry jam. Served warm with custard. (528 kcal)

### ICE CREAM SUNDAE (VE)

Three scoops of vegan vanilla flavour ice cream with raspberry sauce. (318 kcal)

## MAINS

### HUNTER'S CHICKEN £8.25

Half a chicken breast topped with bacon, melted Mozzarella and Cheddar cheese and BBQ sauce. Served with chips and a salad garnish. (629 kcal)

### 4OZ GAMMON STEAK £8.25

Topped with a fried free-range egg. Served with chips, garden peas and half a grilled tomato. (749 kcal)

### SCAMPI† & CHIPS £8.00

Six wholetails of Whitby scampi. Served with chips, garden peas and tartare sauce. (621 kcal)

### FISH & CHIPS 🐟 £9.50

A smaller portion of Atlantic cod fillet hand battered in-house. Served with chips, garden peas and tartare sauce. (783 kcal)

### MIXED VEGETABLE CHILLI (VE) 🌿 £8.50

A vegetable and meat-free mince served with pilau rice and tortilla chips. (412 kcal)

\*Allergen advice: Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a "free from" claim. Our allergen information only states allergens if they are an ingredient of a product. Our menu descriptions do not include all ingredients. Please speak to a member of staff should you have any concerns. Full allergen information is available on our website. (V) Suitable for vegetarians or vegetarian option available. (VE) Suitable for vegans or vegan option available. (V)\* (VE)\* We cannot guarantee that our vegetarian and vegan dishes have been cooked in dedicated vegetarian/vegan fryers. Please ask a member of staff for more information. Dishes with fish, prawns, pork, beef or chicken may contain bones or shell. 🐟 We only select fish from sustainable sources. † Our scampi is made from more than one tail of langoustine caught in UK waters. 1oz = 28.3g. All weights are approximate prior to cooking. Calorie counts are for guidance only and are based on the complete dish as listed on the menu and are correct at the time of menu print. Portion sizes may vary from the quantity on which the calculations have been based, therefore values may not be identical to those served in a particular pub. To ensure our customers have choice, temporary product substitutions may be required which can affect the calorie content listed for our dishes on the menu. Live nutrition information is available online. Offers cannot be used in conjunction with any other promotion. Lunch Deal available Monday to Friday 12-4pm (excludes Bank Holidays). One lunch deal main dish must be purchased in order for additional courses to be added. Your starter, main and/ or dessert choices must be ordered in the same transaction. Maximum of 2 additional courses per person. Dishes subject to availability and alternatives may be offered where listed choice is not available. Management reserve the right to remove the promotion at any time and without prior notice. Promoter: Marston's PLC, St Johns House, St Johns Square, Wolverhampton WV2 4BH.