

If you have an allergy or intolerance, please speak to a member of our team before you order your food & drinks.  
Full allergen & dietary information is available on our web page. Adults need around 2000 kcal a day.

SITTING  
COMFORTABLY?

SCAN HERE TO ORDER &  
PAY AT YOUR TABLE

COMING  
SOON

## STARTERS & SHARERS

### SOUP OF THE DAY (V) £4.75

Sprinkled with chopped chives and served with half a baguette and butter.  
Ask us for today's flavour. (367 kcal)  
Tomato, Leek & Potato, Pea & Mint  
(VE) Vegan option available (286 kcal)

### PRAWN COCKTAIL £5.75

Succulent prawns in a Marie Rose sauce. Served on a bed of shredded iceberg lettuce, with cucumber and a lemon wedge. Served with multigrain bloomer bread & butter. (511 kcal)

### MAC & CHEESE (V) £5.75

Macaroni bound in a rich Croxton Manor Cheddar sauce. Topped with more Mozzarella and Cheddar, sprinkled with chives, crispy onions and drizzled with BBQ sauce. (470 kcal)

**WHY NOT ADD A TOPPING?** Spicy Pulled Pork 🍖 £7.75 (646 kcal),  
Buttermilk Chicken £6.75 (607 kcal), Vegan Crispy Strips (V)\* £6.75 (567 kcal)

### BUTTERMILK CHICKEN STRIPS AND POPCORN CHICKEN £5.75

Crispy chicken fillets in a buttermilk coating and popcorn chicken, drizzled with BBQ sauce and finished with rocket. (526 kcal)

### BREADED MUSHROOMS (V)\* £5.75

Breaded mushrooms with a garlic mayonnaise, sprinkled with chopped chives. (549 kcal)

### BBQ CAULIFLOWER WINGS (VE)\* £5.75

Florets of cauliflower coated in a rich smoky BBQ batter with a hint of spice, drizzled with vegan mayonnaise and topped with crispy onions. Garnished with a lime wedge and finished with rocket. (305 kcal)

### MOZZARELLA AND CROXTON MANOR CHEDDAR BITES (V)\* £5.75

Cream cheese, Mozzarella and Croxton Cheddar bites in a rustic crumb.  
Topped with a spicy Cheeky Devil relish, chopped chives and finished with rocket.  
**Caution, hot cheese may ooze!** (323 kcal)

### VEGAN CRISPY STRIPS (VE)\* £5.75

Vegan chicken-style tenders drizzled with vegan mayonnaise and finished with rocket. (546 kcal)

### WINGS & RIBS £5.75

BBQ marinated chicken wings and slow cooked seasoned pork riblets tossed in your choice of sauce, sprinkled with chopped chives.  
**CHOOSE YOUR SAUCE:** BBQ (695 kcal) or spicy Cheeky Devil relish 🍖 (695 kcal)

## SHARE WITH FRIENDS

Share with friends or keep for yourself! All portions serve 2 adults.

### LOADED FRIES 🍖 £8.75

A double portion of coated fries with spicy pulled pork, nacho cheese sauce, BBQ sauce, crispy onions and sprinkled with chopped chives. (1448 kcal)

### MEXICAN NACHOS (V) 🍖🍖 £9.75

Crispy nachos loaded with nacho cheese sauce, guacamole, salsa, sour cream, finished with jalapeños and chopped chives. (1215 kcal)

#### UPGRADE YOUR NACHOS.

Add Spicy Pulled Pork 🍖 £4.50 (292 kcal), Add Mixed Vegetable Chilli (V) 🍖🍖 £4.50 (235 kcal)

### VEGAN MEXICAN NACHOS (VE) 🍖🍖 £9.75

Crispy nachos loaded with a vegetable and meat-free mince chilli, guacamole, salsa, vegan mayonnaise, finished with jalapeños and chopped chives. (1171 kcal)

### WINGS & RIBS £9.75

A double portion of BBQ marinated chicken wings and slow cooked seasoned pork riblets tossed in your choice of sauce, sprinkled with chopped chives.  
Choose your sauce: BBQ (1389 kcal) or spicy Cheeky Devil relish 🍖 (1389 kcal)



## DELICIOUS BURGERS

Your burger, your way! Choose your favourite burger but served lighter without the bun and fries and with a side salad instead. Lighter dishes have at least 30% fewer calories than the standard equivalent.

### COWBOY BURGER £11.25

Two prime beef burgers topped with crispy bacon, American style cheese slices and shredded iceberg lettuce. Served with fries and a dip pot of burger sauce. (1225 kcal)  
**Lighter Cowboy Burger** (739 kcal)

### BBQ CHICKEN BURGER £10.95

A Southern fried chicken fillet topped with BBQ sauce, American style cheese slices and shredded iceberg lettuce. Served with fries and a dip pot of burger sauce. (1245 kcal)  
**Lighter BBQ Chicken Burger** (759 kcal)

### THE ULTIMATE VEGGIE BURGER (V)\* £10.95

A deep-fried sweetcorn and Croxton Manor Cheddar burger. Topped with salsa and BBQ cauliflower wings smothered in a nacho cheese sauce. Served with fries and a dip pot of salsa.  
**Caution, hot cheese may ooze!** (1077 kcal)  
**Lighter Ultimate Veggie Burger** (531 kcal)

### THE ULTIMATE SPICY BEEF BURGER 🍖🍖 £12.75

Two 3oz beef burgers and an American style cheese slice, topped with spicy pulled pork, crispy bacon and jalapeños. Finished with cheese sauce and crispy onions in a seeded bun. Served with fries and a dip pot of burger sauce. (1523 kcal)  
**Lighter Ultimate Spicy Beef Burger** (996 kcal)

### THE ULTIMATE SOUTHERN FRIED CHICKEN BURGER £12.75

A Southern fried chicken fillet topped with crispy bacon, hash browns, American style cheese slices, BBQ sauce and shredded iceberg lettuce in a seeded bun. Served with fries, a dip pot of burger sauce and chicken gravy for dipping. (1590 kcal)  
**Lighter Ultimate Southern Fried Chicken Burger** (1105 kcal)

### CLASSIC BURGER £9.95

Two prime beef burgers and shredded iceberg lettuce in a seeded bun. Served with fries and a dip pot of burger sauce. (1098 kcal)  
**Lighter Classic Burger** (612 kcal)

### CLASSIC CHICKEN BURGER £9.95

A Southern fried chicken fillet and shredded iceberg lettuce in a seeded bun. Served with fries and a dip pot of burger sauce. (1102 kcal)  
**Lighter Classic Chicken Burger** (616 kcal)

#### HAVE IT YOUR WAY

WHY NOT ADD A BURGER  
TOPPING? JUST 75p EACH

American style cheese (V) (42 kcal)  
Mozzarella & Cheddar Cheese (V) (99 kcal)  
Jalapeños (VE) 🍖 (8 kcal)  
Crispy Bacon (22 kcal)



Our carefully selected steaks are expertly matured to give depth of flavour and are all served with half a grilled tomato, button mushrooms, garden peas, beer-battered onion rings and chips (Unless otherwise stated).

### 8oz AGED RUMP STEAK £13.50

Cooked to your liking. (1199 kcal)

### 8oz AGED SIRLOIN £15.25

Cooked to your liking. (1260 kcal)

### GAMMON STEAK £11.50

An 8oz gammon steak topped with a fried free-range egg and a pineapple slice. Served with half a grilled tomato, garden peas and chips. (1270 kcal)

### SURF & TURF\* £15.25

An 8oz aged rump steak with wholetails of golden Whitby scampi. Served with tartare sauce. (1465 kcal)

### MIXED GRILL £15.50

Half a chicken breast, 4oz aged rump steak, 4oz gammon steak and two Cumberland pork sausages. Served with a fried free-range egg. (1798 kcal)

### MEGA MIXED GRILL £20.95

A chicken breast, two 4oz aged rump steaks, two 4oz gammon steaks, four Cumberland pork sausages and two fried free-range eggs. (2677 kcal)

ADD A SAUCE  
£2 EACH

Peppercorn (51 kcal)

Beef Dripping & Merlot (50 kcal)

Bourbon BBQ (V) (170 kcal)

Chicken Gravy (70 kcal)



## EYES ON THE SIDES

GARLIC BREAD (VE) (313 kcal) £1.75

CHEESY GARLIC BREAD (V) (411 kcal) £3.50

CHIPS (VE)\* (486 kcal) £3.00

FRIES (VE)\* (418 kcal) £2.75

SWEET POTATO FRIES (VE)\* (561 kcal) £4.00

8 BEER-BATTERED ONION RINGS (VE)\* (406 kcal) £3.75

HALLOUMI FRIES (V)\* (539 kcal) £4.25

## ALL TIME FAVOURITES

### MAC & CHEESE (V) £11.25

Macaroni bound in a rich Croxton Manor Cheddar sauce. Topped with more Mozzarella and Cheddar, sprinkled with chives, crispy onions and drizzled with BBQ sauce. Served with garlic bread and a salad garnish. (1085 kcal)

**WHY NOT ADD A TOPPING?** Spicy Pulled Pork 🍖 £13.25 (1437 kcal), Popcorn Chicken £12.75 (1293 kcal), Vegan Crispy Strips (V)\* £12.75 (1376 kcal)

### HUNTER'S CHICKEN £11.50

A roasted chicken breast topped with melted Mozzarella and Cheddar cheese and crispy bacon smothered in BBQ sauce. Served with chips, a grilled tomato, beer-battered onion rings and finished with rocket. (1058 kcal)

**HAVE IT YOUR WAY** Upgrade your roasted chicken breast to a Southern Fried chicken breast topped with BBQ Pulled Chicken (1327 kcal) for £1.

### HAND-BATTERED ATLANTIC COD & CHIPS 🍷 £13.25

Large Atlantic cod fillet battered in-house with our famous Marston's Pedigree beer batter. Served with chips and tartare sauce and a choice of mushy peas (1454 kcal) or garden peas (1382 kcal).

### MIXED VEGETABLE CHILLI (VE) 🌿 £11.50

A vegetable and meat-free mince served with pilau rice and tortilla chips. Topped with salsa, guacamole, vegan mayonnaise, jalapeños and finished with chives. (747 kcal)

### CHICKEN TIKKA MASALA 🍗 £11.50

Chunks of chicken in a mildly spiced tomato and onion sauce, flavoured with coriander. Served with pilau rice, naan bread, a poppadum and mango chutney. (1102 kcal)

### WHOLETAILS OF BREADED SCAMPI# £11.25

Twelve wholetails of Whitby scampi. Served with chips and tartare sauce and a choice of mushy peas (1120 kcal) or garden peas (1048 kcal).

### STEAK & ALE PIE £11.75

Our classic steak and ale pie filled with tender chunks of beef, mushroom and a rich ale gravy encased in shortcrust pastry with a puff pastry lid. Served with chips, garden peas and gravy. (1305 kcal)

### SAUSAGE & MASH £10.75

Three Cumberland pork sausages garnished with sautéed red onions. Served on a bed of mashed potatoes with garden peas and gravy. (941 kcal)

### BEEF LASAGNE £11.25

Beef ragú layered with pasta and a Cheddar cheese sauce. Topped with Mozzarella and mature Cheddar cheese. Served with garlic bread and a salad garnish. (789 kcal)

**FOR A LIGHTER OPTION** swap your garlic bread for a full side salad. (712 kcal)

**SWAP** your garlic bread for chips (1066 kcal) for £1

### CAULIFLOWER & RED PEPPER CURRY (V)\* 🍗 £11.50

Cauliflower and red pepper in a fragrant Indian style curry sauce. Served with pilau rice, naan bread, a poppadum and mango chutney. (1092 kcal)  
(VE) Vegan option available when served without the naan bread. (713 kcal)

### CHEDDAR, LEEK & POTATO PIE (V)\* £11.75

A rich mature Cheddar cheese sauce with leeks and diced potato encased in shortcrust pastry with a puff pastry lid. Served with chips, garden peas and gravy. (1364 kcal)

## SALADS

Our salads are served on a bed of mixed leaves with slices of cucumber, tomato, red onion, red pepper and kale with brown rice and quinoa. Then tossed in a French dressing and topped with crispy onions. Choose your topping:

### BBQ CAULIFLOWER WINGS (VE)\* (482 kcal) £11.75

### PRAWNS & MARIE ROSE SAUCE (563 kcal) £11.75

### CHICKEN & BACON (559 kcal) £11.75

## LET'S DO LUNCH

AVAILABLE MONDAY – SATURDAY, 12PM – 3PM ONLY.

### JACKETS

A buttered jacket potato with your choice of topping and served with a side salad.

#### CHOOSE FROM:

**Cheese & Beans (V) £6.75** (671 kcal)

**Spicy Pulled Pork & Cheese 🍗 £8.25** (958 kcal)

**Prawns & Marie Rose £7.75** (798 kcal)

**Tuna Mayo £7.75** (660 kcal)

**Mixed Vegetable Chilli & Cheese (V) 🍗 £7.75** (724 kcal)  
(VE) Vegan option available when served without the butter and cheese. (546 kcal)

### SANDWICHES & BAGUETTES All our sandwiches and baguettes are served with chips.

#### SPICY PULLED PORK BAGUETTE 🍗 £8.25

A baked baguette with spicy pulled pork and melted Mozzarella and Cheddar cheese. (993 kcal)

#### PHILLY CHEESE STEAK BAGUETTE £8.75

A baked baguette with rump steak, sautéed red pepper and onions smothered in a nacho cheese sauce. (872 kcal)

#### CHICKEN & BACON CLUB £7.75

Lightly toasted bread with roasted chicken, crispy bacon, lettuce, tomato and mayonnaise. (821 kcal)

#### HALLOUMI & RED PEPPER BAGUETTE (V)\* 🍗 £8.25

A baked baguette with breaded Halloumi fries, sliced red pepper and spicy Cheeky Devil relish. (992 kcal)

#### HUNTER'S CHICKEN MELT £7.75

A baked baguette filled with slices of buttermilk chicken, bacon, BBQ sauce and melted Mozzarella and Cheddar cheese. (1018 kcal)

#### TUNA MAYO MELT £7.75

A baked baguette filled with tuna mayo and melted Mozzarella and Cheddar cheese. (788 kcal)

#### FISH FINGER SANDWICH £7.75

A firm favourite! Breaded fish fillet fingers with mixed leaf and tartare sauce. Served on your choice of white bread or multigrain bloomer bread. (973 kcal)

## TIME FOR A SWEET TREAT

### SHERRY TRIFLE CHEESECAKE (V) £5.75

Soft vanilla sponge topped with raspberry sauce and custard flavour cheesecake. Finished with whipped cream, white chocolate flakes and freeze-dried raspberry pieces. Served with raspberry sauce, cold custard and a crumbled chocolate flake. (531 kcal)

### PRALINE CHOCOLATE TART (V) £5.75

A rich dark chocolate tart, filled with swirls of coconut milk and praline in a nutty case. Served with vanilla flavour ice cream, chocolate sauce and honeycomb pieces. (579 kcal)  
(VE) Vegan option available with vegan vanilla ice cream. (574 kcal)

### BLOOD ORANGE BROWNIE (V) £5.75

A rich chocolate brownie with blood orange flavour chocolate ganache, swirled with blood orange flavoured fondant. Served with vanilla flavour ice cream, chocolate sauce and a dark chocolate orange wafer. (573 kcal)

### CHOCOLATE FUDGE CAKE (V) £5.75

Goopy and chocolatey. Served warm or cold with vanilla flavour ice cream. (692 kcal)

### STICKY TOFFEE PUDDING (V) £5.75

A sweet toffee sponge dotted with date pieces, topped with a rich toffee flavoured sauce. Served with vanilla ice cream (570 kcal) or custard (589 kcal).

### ROCKY ROAD SUNDAE £5.50

Chocolate and vanilla flavour ice creams layered with chocolate brownie chunks, marshmallows, chocolate sauce and squirry cream, finished with a chocolate flake. (623 kcal)

### JAM SPONGE PUDDING (V) £5.50

An individual vanilla sponge pudding, smothered in strawberry jam. Served warm with custard. (528 kcal)

### APPLE CRUMBLE (V) £5.50

Sharp and crisp chunky slices of apples with dark sugar and cinnamon. Topped with an oat crumble and drizzled with toffee sauce, served with custard. (697 kcal)  
(VE) Vegan option available when served without the toffee sauce and with vegan vanilla ice cream. (634 kcal)

## TELL US HOW WE DID!

Tell us how we did today and you could win **£250** of LOVE2SHOP vouchers.  
**Scan the code to get started.**



For full terms and conditions please visit [www.helpraisethebar.co.uk](http://www.helpraisethebar.co.uk)  
No purchase necessary. Participants must be 18 or over.

Allergen advice: Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a "free from" claim. Our allergen information only states allergens if they are an ingredient of a product. Our menu descriptions do not include all ingredients. Please speak to a member of staff should you have any concerns. Full allergen information is available on our website. (V) Suitable for vegetarians or vegetarian option available. (Ve) Suitable for vegans or vegan option available. (V)\* (Ve)\* We cannot guarantee that our vegetarian and vegan dishes have been cooked in dedicated vegetarian/vegan fryers. Please ask a member of staff for more information. Dishes with fish, prawns, pork, beef or chicken may contain bones or shell. 🍷 We only select fish from sustainable sources. ‡ Our scampi is made from more than one tail of langoustine caught in UK waters. 1oz = 28.3g. All weights are approximate prior to cooking. Calorie counts are for guidance only and are based on the complete dish as listed on the menu and are correct at the time of menu print. Portion sizes may vary from the quantity on which the calculations have been based, therefore values may not be identical to those served in a particular pub. To ensure our customers have choice, temporary product substitutions may be required which can affect the calorie content listed for our dishes on the menu. Live nutrition information is available online. Photography is for illustrative purposes only. Offers cannot be used in conjunction with any other promotion. Management reserve the right to remove the promotion at any time and without prior notice. Promoter: Marston's Pubs and Bars (a trading name of Marston's PLC), Marston's PLC, St Johns House, St Johns Square, Wolverhampton WV2 4BH.