

★ One of your Five a day!
Any dish with this star contains at least
one of your 5 a day

UNDER 5'S MAINS


Build your own

STEP 1: Pick a main


Burger Bar £4.95

A lightly toasted burger bun with iceberg lettuce,
with your choice of a beef burger 316 kcal,
or a mini chicken breast fillet 227 kcal.

Fish Fillet Fingers £4.95

Two  fish fingers 164 kcal.

Crispy Chicken Dippers £4.95

Three  chicken dippers 234 kcal.

Quorn™ Southern Fried Wings (VE)* £4.95

Two Quorn™ Southern Fried Wings 174 kcal.

Pork Sausage £4.95

With gravy 177 kcal.

Tomato Pasta (VE) £4.95

Penne pasta in a tomato and hidden veg sauce 200 kcal.
Add Mozzarella and Cheddar Cheese (V) 75p 99 kcal.

STEP 2: Pick a side

Chips (VE)* 262 kcal.

Fries (VE)* 237 kcal.

Mini Potato Waffles (VE) 145 kcal.

Mashed Potatoes (V) 171 kcal.

Garlic Bread Slice (VE) 104 kcal.

STEP 3: Add a veg

Baked Beans (VE) 65 kcal. ★

Corn on the Cob with Butter (V) 164 kcal.

Garden Peas (VE) 58 kcal. ★

Carrots (VE) 32 kcal. ★

Cucumber & Carrot Sticks (VE) 20 kcal. ★

If you have an allergy or intolerance, please speak to a member of our team before you order your food & drinks.
For full allergen information please visit our website.

KID'S MENU

STARTERS

Cheesy Tortilla Chips (V) £1.50

With melted Mozzarella
and Cheddar Cheese 286 kcal.

Sweetcorn Wheels (V) £1.50

With butter 164 kcal.

Salad Sticks (VE) ★ £1.50

Batons of carrot and cucumber 20 kcal.


Garlic Bread (VE) 208 kcal £1.50

Three Tangy Chicken Wings

297 kcal £1.50

OVER 5'S MAINS

Fish Fillet Fingers ★ £5.95

Four  fish fingers served with chips and
garden peas 649 kcal.

Sausage & Mash ★ £5.95

Two pork sausages with mashed potatoes,
garden peas and gravy 546 kcal.

BBQ Chicken Burger £6.45

Crispy chicken fillets in a buttermilk coating
topped with an American style cheese slice
and BBQ sauce, with lettuce in a seeded bun.
Served with fries and burger sauce 895 kcal.


Cheese Burger £5.95

A prime beef burger topped with an American
style cheese slice, with lettuce in a seeded bun.
Served with fries and burger sauce 775 kcal.

Quorn™ Southern Fried Burger (V)* £6.45

Quorn™ Southern Fried Wings topped with
an American style cheese slice and BBQ sauce,
with lettuce in a seeded bun. Served with fries
and burger sauce 795 kcal. (VE)* option available
without cheese and burger sauce 649 kcal.

Crispy Chicken Dippers ★ £5.95

Six  chicken dippers served with chips and
garden peas 787 kcal.

Quorn™ Southern Fried Wings (VE)* ★ £5.95

Four Quorn™ Southern Fried Wings served
with chips and garden peas 669 kcal.

Cheese & Tomato Pasta (V) ★ £5.95

Penne pasta in a tomato and hidden veg
sauce, topped with melted Mozzarella and
Cheddar Cheese. With two slices of garlic
bread and carrot and cucumber sticks 528 kcal.
(VE) option available without Mozzarella and
Cheddar Cheese 429 kcal.

Chicken Korma 🍛 £6.45

Lightly spiced chicken in a creamy coconut
curry sauce. With pilau rice, a crisp poppadum
and mango chutney 788 kcal.

BIGGER APPETITES

Scampi & Chips ★ £8.00

Six wholetails of Whitby scampi. Served with
chips, garden peas and tartare sauce 621 kcal.

Fish & Chips ★ 🐟 £9.50

Half a fillet of Atlantic cod battered in-house.
Served with chips, garden peas and tartare
sauce 783 kcal.

Hunter's Chicken £8.25

A mini chicken breast fillet topped with bacon,
melted Mozzarella and Cheddar Cheese and
BBQ sauce. Served with chips and a salad
garnish 568 kcal.

4oz Gammon Steak ★ £8.25

Topped with a fried free-range egg. Served
with chips, garden peas and half a grilled
tomato 749 kcal.

Mixed Vegetable Chilli (VE) 🌶️ ★ £8.50

A vegetable and meat-free mince served
with pilau rice and tortilla chips 412 kcal.

ADD A STARTER &/OR A SWEET TREAT TO ANY MEAL FOR £1.50

SWEET TREATS

Fruitypot™ Jelly and Ice Cream (V) ★ £1.50

Peach pieces in peach flavour jelly with a scoop of vanilla flavour ice cream 164 kcal.

(VE) option available with vegan vanilla flavour ice cream 159 kcal.

Chocolate Brownie (V) £1.50

A warm mini chocolate brownie, served with vanilla flavour ice cream 359 kcal.

Dipping Donuts (V) £1.50

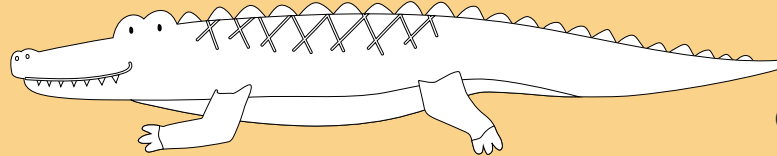
Ring donuts with warm chocolate sauce and fresh strawberry pieces 313 kcal.

Pineapples & Strawberries (VE) ★ £1.50

Chunks of sweet pineapple and juicy strawberries 67 kcal.

Pip Organic Rainbow Fruity Ice Lolly (VE) ★ £1.50

With hidden veg 19 kcal.



Ice Cream Sundae (V) £1.50

Two scoops of ice cream topped with your choice of sauce.

Ask us for today's flavours.

Vanilla Ice Cream Scoop 84 kcal.
Chocolate Ice Cream Scoop 97 kcal.
Strawberry Ice Cream Scoop 93 kcal.

Raspberry Sauce 39 kcal.
Chocolate Sauce 37 kcal.
Toffee Sauce 38 kcal.

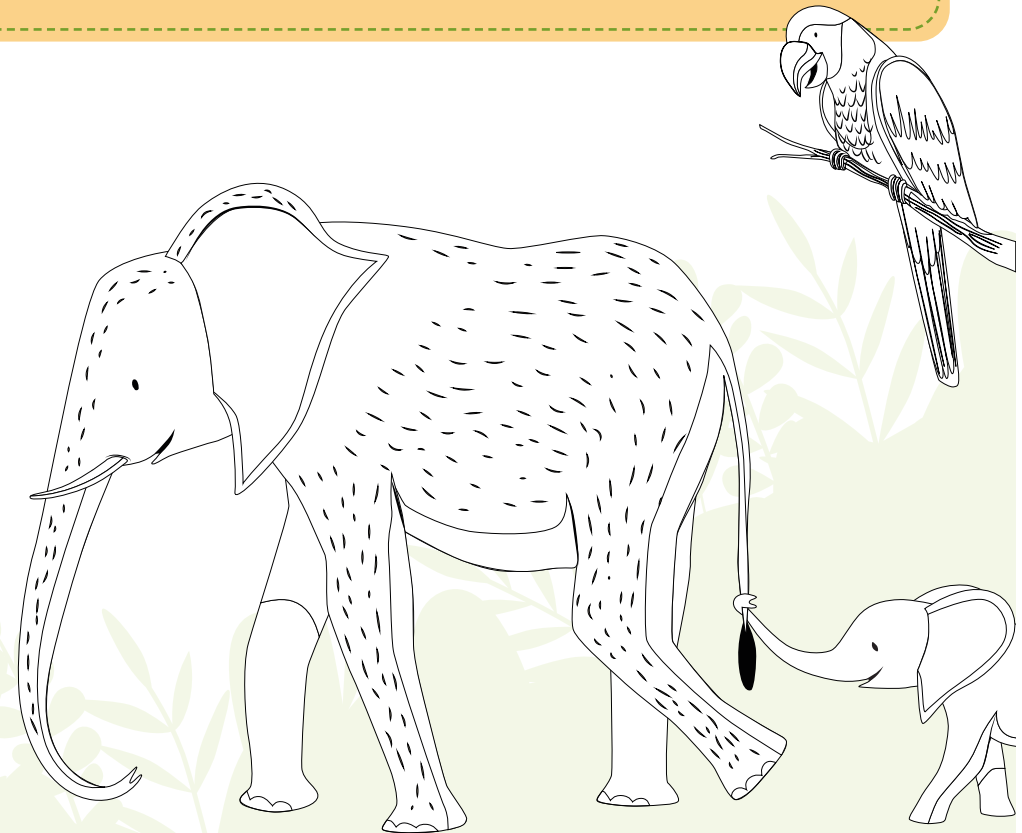
Served with two sugar curl wafers 19 kcal.

(VE) option available with vegan vanilla flavour ice cream 160 kcal and either chocolate sauce 37 kcal or raspberry sauce 39 kcal. Served without sugar curl wafers.

WORDSEARCH

z	a	d	f	g	e	l	e	p	h	a	n	t	x	b	l
h	i	s	l	o	t	h	s	q	m	c	t	r	m	p	t
k	g	u	e	w	a	i	t	u	f	o	y	i	n	d	i
b	o	i	m	n	y	p	x	z	r	l	n	j	h	e	g
c	f	j	u	k	r	w	b	r	c	o	y	k	z	t	e
m	d	a	r	i	l	n	a	m	i	z	f	i	e	h	r
w	h	i	p	p	o	p	t	l	b	q	h	t	z	y	x
b	e	g	k	n	q	a	g	i	r	a	f	f	e	z	q

sloth, hippo, monkey, lion, tiger, giraffe,
parrot, lemur, elephant



Terms and Conditions: Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a "free from" claim. Our allergen information only states allergens if they are an ingredient of a product. Our menu descriptions do not include all ingredients. Please speak to a member of staff should you have any concerns. Full allergen information is available on our website. Where we state a weight, it's a raw weight and 1oz equals approximately 28 grams. (V)/(VE) Suitable for vegetarians/vegans or vegetarian/vegan option available. (VE)* We cannot guarantee that our vegan dishes have been cooked in dedicated fryers. Please ask a member of staff for more information. We regret that we cannot guarantee that our chicken/beef/pork/fish dishes do not contain bones. ♣ We only select fish from sustainable sources. ‡ Our scampi is made from more than one tail of Langoustine caught in UK waters. Calorie counts are for guidance only and are based on the complete dish/drink as listed on the menu and are correct at the time of menu print. Portion sizes may vary from the quantity on which the calculations have been based, therefore values may not be identical to those served in a particular pub. To ensure our customers have choice, temporary product substitutions may be required which can affect the calorie content listed for our dishes on the menu. Live nutrition information is available on line. ★ 1 of your 5 a day. Marston's Pubs and Bars (a trading name of Marston's PLC), Marston's PLC, St Johns House, St Johns Square, Wolverhampton WV2 4BH.