



## STARTERS

Soup of the Day - £4.25  
With a soft roll & butter.

Cod Fishcakes - £4.50  
Served with lemon & homemade tartare sauce.

Prawn Cocktail - £5.00  
The classic served with brown bread.

Belly Pork & Black Pudding - £5.00  
With apple sauce & crackling.

## MAINS

Fish & Chips - £9.95  
Fresh cod fillet in a beer batter, served with homemade chunky chips, mushy peas & tartare sauce.  
Curry Sauce - £1.00 | Bread & Butter - £1.00

Scampi & Chips - £11.95  
Served with chunky chips, homemade tartare sauce & garden peas.

Seafood Board - £11.95  
North Shields Fish Quay cod goujons, mini prawn cocktail, scampi tails and a homemade fishcake.

Philadelphia Style Minute Steak - £13.95  
Flattened rump steak topped with a Portobello Mushroom, onions and a cheese sauce served with fries.

Slow Cooked Lamb Shank - £12.95  
Served in a rich minted gravy with broccoli & creamed potato

Aberdeen Angus Bacon Cheeseburger - £9.95  
Served in a soft roll with fries.  
'Double up' - £2.50 Extra

Mushroom Cottage Pie - £8.95 (V)  
Mushrooms in a creamy tarragon sauce topped with mashed potato served with a selection of vegetables.

## SNACKS

Fish Finger Sandwich - £7.50  
Hand battered fish fingers in a soft roll with homemade tartare sauce & chunky chips.

Carvery Sandwich - £6.75  
Hand carved roast meat in a soft roll with chunky chips.

## CARVERY

A visit to our sumptuous carving deck for a selection of roast meats & fresh vegetables.

Sunday - £8.95

Monday to Saturday - £6.00 (one visit only)

Vegetarian sausages - Ask your server and swap your roast meat on the Carvery for vegetarian sausages! Accompanied with a vegetarian gravy. (V)

Go King Size - £2.50 Extra  
Extra Meat & Yorkshire Pudding

Takeaway Carvery - £6

## SIDES

Homemade Chunky Chips - £2.50  
Skinny Fries - £2.50  
Onion Rings - £2.75  
Side Salad - £3.00

## DESSERTS

Dessert Cabinets - £4.30  
A choice sumptuous desserts from our dessert cabinet.

Hot Desserts - £4.30  
Ask your server for availability. Accompanied with ice-cream or custard.

## ICE CREAM

Eton Mess Sundae - £5

Lemon Meringue Sundae - £5

Ice Cream Selection - £3.70

**All food may contain nuts.**

**Please ask your server for food allergy and dietary**

The Gibraltar Rock, 2 East Street, Tynemouth, Tyne and Wear, NE30 4EB.  
Tel: 0191 258 5655. Web: [www.thegibrock.com](http://www.thegibrock.com)

## Wine List

### House Wine by the Glass (125ml/175ml)

Fairway Pinot Grigio	£2.60/£3.60
Fairway Chenin Blanc	£2.60/£3.60
Brunner Liebfraumilch	£2.60/£3.60
Yellow Rock Zinfandel Rose	£2.60/£3.60
Santiano Merlot	£2.60/£3.60

### House Wine by the Bottle

Fairway Pinot Grigio	£12.50
Fairway Chenin Blanc	£12.50
Brunner Liebfraumilch	£12.50
Yellow Rock Zinfandel	£12.50
Santiano Merlot	£12.50

### White Wine by the Bottle

Le Cour Des Dames Sauvignon Blanc ( <i>France</i> )	£16.50
Petirrojo Chardonnay Reserva ( <i>Chile – Colchagua</i> )	£16.50

### Red Wine by the Bottle

Covila Crianza Rioja ( <i>Spain – Rioja</i> )	£18.50
Le Cour Des Dames Shiraz ( <i>France – Languedoc</i> )	£16.50
Petirrojo Cabernet Sauvignon Reserva ( <i>Chile</i> )	£16.50

### Rose Wine by the Bottle

Le Cours Des Dames Grenache Rose ( <i>France</i> )	£16.50
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### Sparkling Wine & Champagnes by the Bottle

Chio Prosecco Doc ( <i>Italy – Veneto</i> )	£20.00
Chio Rose Spumante ( <i>Italy – Veneto</i> )	£18.00
Italia Prosecco ( <i>Italy – Veneto</i> ) 200ml Bottle	£5.50