

SEAFOOD DISHES

FISH MADRAS OR VINDALOO (PANGASH)	£7.95
FISH BHUNA (PANGASH)	£8.50
FISH PATIA (PANGASH)	£8.50
FISH ROGAN (PANGASH)	£8.50
FISH JHAL FRY (PANGASH)	£8.50
FISH DUPIAZA (PANGASH)	£8.50
FISH ACHARI (PANGASH)	£8.50
FISH KARAH (PANGASH)	£8.50
PRAWN BHUNA	£7.50
PRAWN PATIA	£7.95
PRAWN SAG	£8.25
PRAWN DAINSAK	£7.95
PRAWN KORMA	£7.50
PRAWN JALFRAZY	£7.95
KING PRAWN MADRAS OR VINDALOO	£13.50
KING PRAWN BHUNA	£13.50
KING PRAWN PATIA	£13.50
KING PRAWN SAG	£13.50
KING PRAWN DAINSAK	£13.50
KING PRAWN KURMA	£13.50
KING PRAWN JALFRAZY	£13.50
KING PRAWN KARAH	£13.50

BIRIANI DISHES

TAMARIND SPECIAL BIRIANI	£9.95
CHICKEN BIRIANI	£9.25
LAMB BIRIANI	£9.25
CHICKEN TIKKA BIRIANI	£9.75
LAMB TIKKA BIRIANI	£9.75
PRAWN BIRIANI	£9.75
KING PRAWN BIRIANI	£14.95
VEGETABLE BIRIANI	£8.25
MIXED BIRIANI	£9.95

- Ample Parking Spaces
- Non-smoking restaurant
- All major credit cards accepted
- Large parties catered for
- Lunchtime bookings welcome



VEGETABLE SIDE DISHES

MIXED VEGETABLE BHAJI	£3.75
MUSHROOM BHAJI	£3.75
BOMBAY ALOO (spiced potato)	£3.75
ALOO GOBI (potato with cauliflower)	£3.75
SAG ALOO (spinach with potato)	£3.75
CAULIF LOWER BHAJI	£3.75
BRINJAL BHAJI (aubergine)	£3.75
CHANA MASALLA (chick peas)	£3.75
TARKA DALL (garlic flavour lentils)	£3.75
DALL SAMBA (lentils with vegetables)	£3.75
SAG BHAJI (spinach)	£3.75
SAG PANEER (spinach with cheese)	£4.15
CHEESE SAG	£4.15
CHEESE ALOO (potato with cheese)	£4.15
CHANA PANEER (chick peas & cheese)	£4.15
SAG BADAM (spinach and butter beans)	£4.15
ALOO PANEER (potato with cheese)	£4.15
RAITA (onion and cucumber)	£1.50

SUNDRIES

BOILED RICE	£2.60
PILAU RICE	£2.90
SPECIAL RICE	£3.70
MUSHROOM RICE	£3.70
GARLIC RICE	£3.70
COCONUT RICE	£3.70
VEGETABLE RICE	£3.70
EGG RICE	£3.70
KEEMA RICE	£3.70
FRIED RICE	£3.50
CHILLI RICE	£3.50
PLAIN NAN	£2.60
KEEMA NAN	£2.90
GARLIC NAN	£2.90
KULCHA NAN	£2.90
PESWARI NAN	£2.90
CHILLI NAN	£2.90
CHEESE NAN	£3.25
PARATHA	£3.00
STUFFED PARATHA	£3.50
CHAPATI	£2.00
PLAIN PAPADOMS	£0.70
SPICED PAPADOMS	£0.70
CHUTNEY TRAY (PER PORTION FOR TAKE AWAY)	£0.70

All our meals are prepared to order using only the finest quality and freshest ingredients from across the continents

* Allergy please inform before ordering

OPEN
6-12PM SUN-THU.
FRI & SAT: 6-11.30PM
CLOSED FRIDAY
LUNCH TIMES

TAMARIND

10%
DISCOUNT
ON TAKEAWAYS

Finest
Indian
Cuisine



Fully
Licensed
& Air
Conditioned

STARTERS

ONION BHAJI	£3.50	TANDOORI CHICKEN	£4.15
Slices of onion with spices crushed into balls and deep fried in butter		Spring chicken marinated in yoghurt with herbs and spices; barbecued in the clay oven	
SOMOSA (MEAT OR VEGETABLE)	£3.50	CHICKEN OR LAMB TIKKA	£4.15
Spiced pastry triangles stuffed with minced meat or vegetable filling; deep fried		Tender boneless chicken or lamb marinated in yoghurt with herbs and spices; barbecued in the clay oven	
NEW SPECIAL SHEEKH KEBAB	£4.50	TANDOORI MACHLEE	£5.75
Minced lamb and cheese mixed with fresh herbs, skewered and cooked in the clay oven		Fresh rainbow trout marinated in herbs and exotic spices; barbecued in the clay oven	
NEW CRAB KUFTA	£6.50	FISH KUFTA	£4.95
Minced crab meat mixed in light spices and fried in a little ghee		Pungently spiced fish moulded into shapes with fresh coriander and deep fried in ghee	
NEW PEPPER KEBAB	£4.50	LAMB KUFTA	£4.95
Deep fried peppers filled with minced lamb and sweetcorn		Very tender lamb moulded into burger shapes and fried in ghee, with coriander, herbs and spices	
NEW PIAZI CHICKEN OR LAMB	£4.95	CHICKEN PAKORA	£4.15
Tender pieces of chicken or lamb cooked with gravy, with chopped onions and pomegranate		Chicken tikka mixed with special batter sauce; fried into small fritters	
HARIALI KEBAB	£4.50	SHAMIMI KEBAB	£4.15
Exotic patties made of minced lamb and spinach and garam masala seasoned with fresh herbs fried with ghee		Exotic patties made of minced lamb and garam masala splits together with garlic and ginger roots, seasoned with fresh herbs fried in little ghee	
ALOO CHAT	£4.15	RESHMI KEBAB	£4.15
Small pieces of potatoes cooked in chat masala spices		Spiced minced lamb fried in ghee and covered with egg net	
MIX KEBAB	£6.25	CHICKEN CHAT	£4.15
Mixer of chicken tikka, lamb tikka and seekh kebab		Diced chicken cooked in chat masala spices	
SPRING ROLL	£3.50	PRAWN PUREE	£4.95
Pastry roll stuffed with fresh vegetable filling; deep fried		Succulent small shrimps simmered in light spices, served on a puree (chapati)	
CHICKEN ROLL	£3.50	PRAWN COCKTAIL	£3.50
Pastry roll stuffed with minced chicken, Eastern spices and herb filling; deep fried		Prawns served with lettuce and special cocktail sauce	
LAMB CHOPS	£6.25	TANDOORI KING PRAWN	£7.95
Our chef's special preparation of tender lamb chops, marinated in yoghurt with delicate herbs and spices, barbecued on skewer over clay oven		King size prawns blended with fresh spices and yoghurt; grilled over clay oven	
SHEEKH KEBAB	£4.15	KING PRAWN BUTTERFLY	£6.95
Minced lamb mixed with fresh herbs, skewered and cooked in the clay oven		King size prawns marinated with exotic spices; deep fried in crunchy coating	

* Allergy please inform before ordering

5 BADMINTON ROAD, DOWNEND, BRISTOL BS16 6BB
TEL. 0117 9573030 OR 9570033
WWW.TAMARIND-BRISTOL.CO.UK

CHEF'S SPECIALTIES

TAMARIND SPECIAL KING PRAWN £15.95

On the shell king sized prawns cooked in medium spiced thick sauce with our chef's own exotic recipe, served with pilau rice (medium)

TAMARIND SPECIAL (CHICKEN OR LAMB) £9.50

Tender pieces of chicken or lamb cooked in medium sauce, with spring onion, bombay chillies, with tomatoes and fresh herbs (slightly hot)

NEW MURGI MASALLAM £9.50

A pleasant combination of minced meat on the bone tandoori chicken, Slow cooked in a medium thick sauce

NEW LAMB SHANK SPECIAL £14.50

Lamb shank marinated in slightly hot spices and herbs, then slow cooked in a bhuna sauce with satkora lime and garnished with tomatoes

NEW SHASHLIK BHUNA (CHICKEN OR LAMB) £12.95

A special combination of tanoori shashlik cooked in a medium bhuna sauce with fresh ingredients

NEW SHASHLIK BHUNA (FISH) £13.50

A special combination of tanoori shashlik cooked in a medium bhuna sauce with fresh ingredients

NEW CHILLI PANEER £8.50

Tender pieces of lamb or chicken cooked in a madras hot sauce with crushed dried chillies and paneer

NEW CHICKEN OR LAMB NAGA £7.95

Tender pieces of lamb or chicken cooked in a hot sauce with Naga pickle

NEW KING PRAWN DUMPAK £13.50

King size prawn cooked in medium spiced sour sauce with fresh herbs and spices.

CHULA MIX £8.50

Tender pieces of chicken tikka and freshly minced meat slowly cooked in bhuna sauce with fresh herbs and spices (medium)

BAHAR CHICKEN OR LAMB £7.95

Tender chicken or lamb cooked in mild sauce with yoghurt and mango pulp and boiled egg (mild)

GARLIC CHICKEN OR LAMB £7.95

Tender pieces of chicken or lamb cooked in medium spiced sauces with fresh herbs, spices, red and green pepper and whole garlic (medium)

TAWA CHICKEN OR LAMB £8.95

Tender pieces of chicken tikka fried with garlic cooked in slightly hot sauce along with pepper and green chillies (slightly hot)

SHIMLA CHICKEN OR LAMB £8.50

Tender pieces of chicken or lamb slowly cooked in thick sauces, with fresh herb, spices and red kidney beans (madras)

SHAZADA CHICKEN OR LAMB £8.50

Pieces of chicken or lamb tikka cooked in a slightly hot sauce with green chillies, fresh herbs & ground spices

MACHLEE MASALLA £8.50

Lean pieces of snapper cooked in a slightly mild sauce, carefully prepared by our chef with fresh orange, herbs & spices

MACHLEE ROSHNI £8.50

Small pieces of snapper cooked in a wonderful thick sauce, carefully with fresh tomatoes & carefully selected herbs & spices

CHILLI GARLIC MASALLA £7.95

Succulent pieces of chicken or lamb tikka cooked in a fairly hot sauce with fresh green chillies and garlic

BADAMI CHICKEN OR LAMB TIKKA £8.50

Succulent pieces of chicken or lamb tikka cooked in a creamy sauce with butter beans, almonds and sultanas (a mild dish)

CHICKEN OR LAMB TIKKA MASALLA £8.50

Succulent pieces of chicken or lamb tikka cooked with a wonderful combination of flavours in a creamy sauce with almonds and cashew nuts (mild)

HONEY CHICKEN £8.75

Tender pieces of chicken marinated and grilled in the clay oven, then cooked with mild spices in our chef's special honey sauce (a mild dish)

KARAHI CHICKEN OR LAMB £7.50

Tender pieces of chicken or lamb cooked with chopped onions, sliced ginger, capsicum, tomatoes, fresh herbs and special karahi spice (medium hot)

KARAHI CHICKEN TIKKA £8.25

Tender pieces of chicken tikka cooked with chopped onions, sliced ginger, capsicum, tomatoes, fresh herbs and special karahi spice (medium dish)

KING PRAWN MASALLA £14.95

King size prawn marinated and grilled then cooked in a creamy sauce with almonds and cashew nuts (mild dish)

KING PRAWN MEGNA £13.50

King sized prawns cooked with onions, tomatoes, capsicum and green chillies then stir fried on a high flame to thicken the gravy (slightly hot dish)

GULFI KING PRAWN £14.95

A wonderful preparation of on the shell king size prawns cooked in a sweet, sour & hot sauce & specially selected herbs & spices. Served with pilau rice.

TANDOORI DISHES

A style of cooking originating in the North West Frontier, applied to chicken, lamb, prawn, fish or nan bread.

These dishes are served with fresh salad & mint sauce

TAMARIND SPECIAL CHOPS £12.95

Our chef's special preparation of tender lamb chops marinated in yoghurt with delicate herbs and spices barbecued on a skewer over the clay oven. Nicely presented and served with specially made sauce.

KING PRAWN SHASHLIC £15.95

King size prawns marinated in specially selected spices and barbecued in clay oven with onions, tomatoe, capsicum and mushroom

FISH SHASHLIC £9.95

Tender pieces of snapper marinated in specially selected spices and barbecued in clay oven with onions, tomatoe, capsicum and mushroom

CHICKEN OR LAMB TIKKA £7.50

Tender pieces of lamb or boneless chicken marinated in yoghurt with delicate herbs and spices barbecued on a skewer over the tandoori.

TANDOORI CHICKEN £7.50

Spring chicken marinated in special recipe and grilled in the tandoori

SEEKH KEBAB £7.50

Minced lamb, mixed with fresh herbs and spices skewered and barbecued gently in the clay oven

TANDOORI MACHLEE £9.95

Fresh rainbow trout marinated in herbs and spices barbecued in the clay oven

CHICKEN OR LAMB SHASHLIK £9.50

Tender pieces of chicken or lamb marinated in specially selected spices and barbecued in the clay oven with onion, tomatoes, capsicum and mushroom

TANDOORI MIX GRILL £12.95

Pieces of chicken tikka, lamb tikka, seekh kebab and tandoori chicken served with a nan

TANDOORI KING PRAWN £13.50

King size prawns from the sweet water of the Bay of Bengal, marinated in specially selected herbs and spices and grilled in the clay oven

BALTI DISHES

BALTI CHICKEN OR LAMB £7.25

BALTI CHICKEN OR LAMB TIKKA £7.95

BALTI PRAWN £7.50

BALTI KING PRAWN £13.50

BALTI VEGETABLE £6.50

BALTI MIX £7.95

MILD DISHES

KORMA CHICKEN OR LAMB £6.95

Cooked with ground almonds in a creamy sauce

AFGHAN CHICKEN OR LAMB £7.25

Cooked with pineapple and sultanas in creamy sauce

MALAYA CHICKEN OR LAMB £7.25

Cooked in a mild sauce with pineapple and lychees

PASANDA LAMB OR CHICKEN £7.50

Tender pieces of lamb or chicken cooked in fresh cultured yoghurt and mixed with nuts and flavoured with red wine

BUTTER CHICKEN OR LAMB £8.50

Marinated pieces of chicken or lamb first grilled in the clay oven then prepared in a special butter sauce and our chef's exotic spices

SHAHI CHICKEN OR LAMB £7.50

A rich creamy dish cooked with freshly crushed mangos

MODHU PURI CHICKEN £7.95

Tender pieces of chicken marinated & grilled in the clay oven then cooked in a sweet sauce with chopped onion, tomatoes, capsicum and specially selected herbs & spices (medium spiced)

SAMBA CHICKEN OR LAMB £7.95

A wonderful combination of flavours. Chicken or lamb cooked in a special sweet and sour coconut sauce carefully prepared by our chef

MEDIUM DISHES

BHUNA CHICKEN OR LAMB £7.25

Chicken or lamb cooked slowly with browned onions, freshly ground spices and green herbs

ROGAN CHICKEN OR LAMB £7.25

A rich and exotic North Indian dish, lamb or chicken cooked with glazed tomatoes, green herbs and spices

DOPIAZA CHICKEN OR LAMB £7.25

Chicken or lamb cooked in medium spiced sauce with chopped onions

SAG CHICKEN OR LAMB £7.95

Tempered spinach simmered in freshly ground spices

ACHARI CHICKEN OR LAMB £7.50

Chicken or lamb cooked to a slightly hot and sharp taste with lemon juice, onion seeds, fennel, mustard seeds, red chillis and fresh lime

PANEER CHICKEN OR LAMB £7.95

Pieces of chicken or lamb cooked in a sauce with batons of indian cottage cheese

REZALA LAMB £7.50

Lamb cooked in a medium spices dry thick sauce with tomatoes, onion and fresh yoghurt (medium dish)

REZALA CHICKEN TIKKA £8.25

Chicken tikka cooked in a medium spiced dry thick sauce with tomatoes, onion and fresh yoghurt (medium dish)

HARA CHICKEN OR LAMB £7.50

Tender pieces of chicken or lamb marinated & grilled then cooked in medium spiced sauce with whole spices & garnished with fresh coriander

BADHONIA CHICKEN OR LAMB £7.95

Chicken or lamb cooked with butter beans and lots of fresh coriander in a thick spiced sauce & chef's own recipe (medium)

HOT DISHES

CHICKEN CHI LLI MASALLA £7.95

Tender pieces of chicken tikka cooked with fresh green chillis in a hot & sour sauce

MADRAS CHICKEN OR LAMB £6.95

Chicken or lamb respectively cooked in fairly hot spices

VINDALOO CHICKEN OR LAMB £6.95

Chicken or lamb cooked in very hot spices

PATIA CHICKEN OR LAMB £7.50

Chicken or lamb cooked in slightly sweet, sour and hot sauce

DANSAK CHICKEN OR LAMB £7.50

Chicken or lamb cooked with lentils and flavoured with fenugreek leaves in sweet, sour and hot sauce

JALFRAZY CHICKEN OR LAMB £7.50

Succulent pieces of chicken or lamb cooked with capsicum, chopped onions, fresh green chillis and lemon juice

VEGETABLE DISHES

VEGETABLE KORMA £6.50

Vegetables cooked with ground almonds in a creamy sauce

VEGETABLE ROGAN £6.50

Vegetables cooked with tomatoes, green herbs and spices

VEGETABLE MADRAS OR VINDALOO £6.50

Vegetables cooked in a fairly hot or very hot sauce

VEGETABLE DANSAK £6.75

Highly spiced vegetables cooked with lentils in a sour sauce

VEGETABLE JALFRAZY £6.50

Vegetables cooked with capsicum, chopped onions, fresh green chillis and lemon juice

VEGETABLE ACHARI £6.50

Vegetables cooked to a slightly hot and sharp taste with lemon juice, onion seeds, fennel, mustard seeds, red chillis and fresh lime

