

NIBBLES

Olives (v) 4

Chorizo 4.5

Cajun prawn & crab mac'n'cheese 6

Roast beetroot & goat cheese cannelloni,
olive caramel (v) 5

FLATBREADS

Garlic, mozzarella (v) 6.5

Spicy beef, mozzarella, caramelized
onions 7

Mushroom duxelles, goat cheese, cured
egg yolks, rocket, pickled blackberries
(v) 7

SEAFOOD

Chicken, chorizo and prawn jambalaya
10

Seared cod loin, crab beignet, winter
greens, grape sauce 11

Scallops, black pudding bonbon, burnt
onion puree 9

Teriyaki salmon stir fry 9.5

LA MARINA

01248 674971

MEAT DISHES

Wild boar ragu, pappardelle 10.5

Beef fillet, purple pomme anna, smoked
chipotle sauce 14.5

Chicken katsu arancini, mango
chutney hummus 8

Confit duck & morcilla cake, drunken
cherries, candied beetroot, cherry
ketchup 9

BELLY PORK

Soy, chilli, spring onion 7.5

Pineapple & Penderyn glaze 7.5

Sweet and sour tamarind 7.5

POTATO DISHES

Garlic chips (v) 4.5

Patatas Bravas, satay sauce,
toasted coconut (v) 4.5

Salt & pepper chips (v) 4

Skinny fries, bacon mayo, bacon
crumb 4.5

SALADS

Mixed leaf salad (v) 6

Crispy halloumi & spinach salad,
spiced squash, couscous, cranberries,
honey dressing (v) 7.5

VEGETARIAN

Crispy sweet potato & wild mushroom
dauphinoise, walnut ketchup (v) 8
Winter vegetables, blue cheese, toasted
pine nuts (v) 6.5

Pumpkin waffle, toasted walnut,
pumpkin and cider syrup (v) 7
Spiced Persian tofu sizzler (v) 7

DESSERTS

Maple and ginger cake, white chocolate
& honeycomb ice cream 6.5

Espresso martini baked cheesecake 6.5

Lemon mascarpone crepe cake, lemon
curd ice cream 6.5

'Brookie' with chocolate fudge sauce,
clotted cream ice cream 6.5

I DECHRAU

Olewydd (ll) 4

Chorizo 4.5

'Mac'n'cheese' corgimwch a cranc
cajun 6

Cannelloni betys rhost & caws gafr,
caramel olewydd (ll) 6

BARA FFLAT

Garleg, motsarela (ll) 6.5

Cig eidion sbeislyd, motsarela, nionyn
wedi'i garamleiddio 7

Madarch duxelles, caws gafr,
melynwy, roced, mwyar duon (ll) 7

BWYD MOR

Jambalaya cyw iar, chorizo a
corgimwch 10

Penfras, beignet cranc, saws grawnwin
11

Cregyn bylchog, bon bon pwdin du,
puree nionyn 9

'Stir fry' eog teriyaki 9.5

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PLATIAU CIG

Ragu mochyn gwyllt, pappardelle 10.5

Ffiled cig eidion, pomme anna piws,
saws chipotle 14.5

Aranchini cyw iar katsu, hwmws
siytni mango 8

Cacan hwyaden confit a morcilla,
ceirios, betys melys, sos ceirios 9

PORC

Sol, tsili, garleg 7.5

Tamarind 7.5

Pinafal & Penderyn 7.5

SALADS

Salad cymysg (ll) 6

Salad halloumi, spigoglys, sgwash
sbeislyd, llugaeron, a mel 7.5

TATWS

Sglodion garleg 4

Patatas Bravas, saws satay, cnau
coco wedi thostio 4.5

Sglodion halan & pupur 4

Sglodion, mayonnaise cig
mochyn 4.5

LLYSIEUOL

Dauphinoise tatws melys & madarch
gwyllt, sos cnau ffrengig 8

Llysiau'r gaeaf BBQ, caws glas, cnau
pinwydd (ll) 6.5

Waffle pwmpen, cnau ffrengig,
surop seidr a pwmpen (ll) 7

Sizzler tofu sbeislyd (ll) 7

PWDIN

Cacen sinsir a masarn, hufen ia siocled
gwyn 6.5

Cacen caws espresso martini 6.5

Cacen crepe lemon a marscapone, hufen
ia lemon 6.5

'Brookie' saws siocled, hufen ia 'clotted
cream' 6.5