

# vegan & vegetarian

WELCOME TO  
THE CROWN & THISTLE  
ROCKCLIFFE

*We pride ourselves on using the very best locally sourced produce available & love to support other small local businesses from our butchers & fishmongers to microbreweries & greengrocers.*

*The map in our bar shows which local businesses we support - which is now over 25! Thank you for supporting our small family business so that we can support them.*

*Please ask for our Vegan/Vegetarian Menu or our Gluten Free Menu if required & please inform us of any allergies on arrival.*

# nibbles

*Enjoy whilst browsing the menu or waiting for your meal*

*Balsamic Onions  
Marinated Olives  
Homemade Bread*

*£3.50 each*

*(ve) = vegan*

## S T A R T E R S

### HOMEMADE SOUP OF THE DAY

*Served with Homemade Bread (ve)*

*£5.95*

### TWICE BAKED CUMBRIAN CHEDDAR SOUFFLE

*Made using Park House Cheddar from Torpenhow Dairy, Wigton.  
Served with a Tomato, Garden Herb Cream & homemade Bread*

*£7.45*

### HERITAGE TOMATO & BURRATA

*A selection of Heritage Tomatoes with Creamy Burrata Cheese  
dressed with our homemade Basil Pesto, Fresh Basil Leaves &  
Pine Nuts*

*£7.95*

### VEGAN FRIENDLY BRUSCHETTA

*Sun-Blushed Tomatoes, Cherry Tomatoes & Roasted Red Pepper  
with fresh Herbs & Homemade Vegan Friendly Pesto (ve)*

*£6.95*

# Main Courses

## HOMEMADE VEGETABLE & LENTIL ROAST

*With Potato Fondant, Sticky Red Cabbage, Roast Carrot, Celeriac Puree & a Redcurrant, Red Wine & Rosemary Sauce (ve)*

£13.95

## SPRING GREEN RISOTTO

*Asparagus, Spring Onion, Pea with fresh Garden Herbs. Finished with our Wild Garlic Pesto, Roasted Lemon, Rocket Leaves & Vegetarian Parmesan Shavings. Available as a vegetarian or vegan dish (v/ve)*

£13.95

## CUMBERLAND MACARONI CHEESE

*A Rich Cumberland Farmhouse Cheddar Cheese Béchamel Sauce with Macaroni Pasta. Topped with a Vegetarian Parmesan & Herb Crumb & finished under the Grill (v)*

£13.95

## CAULIFLOWER FRITTERS

*Our vegan version of a British Classic! Cauliflower Florets in a Light Batter served with Homemade Chunky Chips, Mushy Peas, Lemon Wedge & Vegan Friendly Tartare (ve)*

£12.95

## MOVING MOUNTAINS VEGAN BURGER

*Served in a Toasted Vegan Friendly Brioche Bun with Onion Marmalade, Vegan Garlic Mayo, Crisp Leaves & Vegan Cheese with a side of Slaw, Onion Rings & Fries (ve)*

£12.95

## TOMATO & FETA FILO TART

*Fresh Tomato with Roasted Butternut Squash, Red Onion & Feta Cheese on a Filo Pastry base. Baked in the Oven then drizzled with Pesto & served with Sea Salt & Rosemary Roasted New Potatoes & Cous Cous*

£15.95

## BANG BANG SALAD

*Courgette & Cucumber Ribbons, sliced Peppers & Red Onion & Noodles dressed in our Homemade "Bang Bang" dressing of Peanut Butter, Tamari Soy & Sweet Chilli. Topped with Spring Onion, Fresh Chilli, Toasted Cashews & Sesame Seeds (ve)*

£13.95