

Menu Options that contain NO GLUTEN/WHEAT-containing ingredients

We are pleased to provide you with these options that **DO NOT** contain wheat or gluten-containing ingredients (wheat, rye, barley, oats, spelt or kamut).

Due to the use of shared cooking utensils and food preparation areas in our kitchen, we cannot guarantee that your meal will be completely gluten-free. However we will take reasonable steps to minimise any cross-contamination with gluten-containing ingredients.

Please note: Our FRIES are not made with gluten-containing ingredients, but may be **cooked in the same frying oil** as products containing gluten (including wheat) as well as other allergens. Please inform a team member of your requirements before you order, so they can help you make a safe and suitable choice.

Recipes are subject to change so please **inform us of your dietary requirements** every time you dine with us, even if you have eaten the dish before. Your meal will include standard garnishes and accompaniments, unless specified.

Starters

- Tomato & Basil Soup Served (*without bread*)
- Prawns in Marie Rose sauce Prawns with Marie Rose sauce on crisp iceberg lettuce, served with cucumber, lemon wedge (*without bread*)
- Nachos
- Nachos with Chicken

Curries

- TANDOORI CHICKEN SKEWERS Two skewers served with salad garnish and sour cream
- CHICKEN TIKKA MASALA Chicken breast fillet pieces in a fragrant spicy sauce
- BEEF MADRAS A slow-cooked hot Indian dish that's rich with deep flavours
- CHICKEN JALFREZI Tender chicken breast and onions in a spicy Jalfrezi sauce with red and green peppers, flavoured with coriander, lemon and chilli
- LAMB BHUNA Tender lamb chunks sautéed in onions, tomatoes and Indian herbs
- Poppadoms
- Mango chutney

Grills and Steaks

- 10oz Gammon Served with either two eggs or two pineapple slices
- 8oz/16oz RUMP STEAK served with chips, peas and half a grilled tomato (*without onion rings*)
- 8oz Ribeye Steak Served (*without onion rings*)
- Half Roast Chicken Finished on the grill with your choice of sauce (*without onion rings*)

Smaller

- SMALL GAMMON & EGG A smaller portion of this British classic done to perfection
- SMALL RUMP STEAK Served with chips, peas and half a grilled tomato
- Half rack of ribs Served with your choice of sauce, chips, coleslaw and corn on the cob. Choose from sweet chilli, or chunky salsa sauces (*without onion rings*)

A bit on the side

- Chips
- Curly fries
- Cheesy chips
- Side salad

Winter specials

- SWEET CHILLI CHICKEN & CHIPS A grilled chicken breast glazed with sweet chilli sauce. Served with chips and peas

Jacket Potatoes

- Plain buttered
- Prawn
- Tuna Mayo
- Cheese
- Beans
- Cheese and beans

Desserts

- SHARING VERY BERRY SUNDAE Bite sized sweet meringue pieces covered in forest fruits, vanilla pod ice cream and fluffy cream